Armstrong Bicycle/Pedestrian Path Regulations:

All Users

- Use the Bicycle/Pedestrian Path safely and at your own risk.
- Obey signs.
- Do not obstruct the path.
- Keep dogs on leash, and clean up after your pet.
- Do Not Litter.
- Always show courtesy to other path users.
- Wear appropriate safety equipment, including helmets, kneepads, elbow pads, wrist pads, etc.
- Watch out for loose gravel, sand, tree limbs, wet areas, and other obstructions on the path.
- No motorized vehicles including scooters, skateboards, mopeds, and golf carts, are permitted on the path, except for motorized wheel chairs, public safety vehicles, and plant operation vehicles. Watch for police and maintenance vehicles that patrol the path regularly.
- The University recommends that all users carry a cell phone and call the University Police at 912-344-3333 if assistance is required.

Bicyclists

- Stay on designated paths: Riding off-trail damages our planted areas, and is strictly prohibited.
- The University recommends that all cyclists wear a helmet. An approved bicycle helmet can greatly reduce the risk of death or permanent injury in the event of an accident. Look for Consumer Product Safety Commission (CPSC) or Snell Memorial Foundation Standard stickers.
- Yield to pedestrians at all times.
- Excessive speeds are dangerous. Slow down!
- Give audible warning when passing other path users.
- Listen for others: Headphones impair your ability to hear and react to potentially dangerous situations.
- No acrobatic tricks or riding while on the path. No racing is permitted.
- Bicycle lights are required when riding at night.
Pedestrians and Joggers

- Be alert, especially when running.
- Allow faster trail users to pass safely.

Skateboarding

- Wear appropriate safety equipment, including helmets, kneepads, elbow pads, wrist pads, etc.
- No acrobatic tricks or riding while on the path. Do not use curbs, benches, railings, and other features of the path for acrobatic maneuvers, grind bars, stunts, trick riding, or other riding that may damage University equipment or facilities.